

Presence or absence of stabilizing Earth system feedbacks on different timescales

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1 Abstract

2 **The question of how Earth’s climate is stabilized on geologic timescales is important for understand-**
3 **ing Earth’s history, long-term consequences of anthropogenic climate change, and planetary habit-**
4 **ability. Here we quantify the typical amplitude of past global temperature fluctuations on timescales**
5 **from hundreds to tens of millions of years, and use it to assess the presence or absence of long-term**
6 **stabilizing feedbacks in the climate system. On timescales between 4-400 kyrs, fluctuations fail to**
7 **grow with timescale, suggesting that stabilizing mechanisms like the hypothesized “weathering feed-**
8 **back” have indeed exerted dominant control in this regime. Fluctuations grow on longer timescales,**
9 **potentially due to tectonically or biologically driven changes that make weathering act as a climate**
10 **forcing as well as a feedback. These slower fluctuations show no evidence of being damped, implying**
11 **that chance may still have played a non-negligible role in maintaining the long-term habitability of**
12 **Earth.**

13 1 Introduction

14 The global carbon cycle exerts substantial control over Earth’s climate through its influence on the atmo-
15 spheric CO₂ concentration. CO₂ enters the ocean-atmosphere system due to solid Earth degassing and
16 organic carbon oxidation, and is removed through the chemical weathering of carbonate and silicate rocks

17 and subsequent carbonate burial in ocean sediments, as well as organic carbon burial [1]. Weathering rates
18 increase with temperature and CO₂ concentration: this is hypothesized to lead to a long-term stabilizing
19 feedback [2] in which increases in surface temperatures are countered by drawdown of CO₂, and vice
20 versa. This feedback can help explain the puzzle of Earth’s enduring habitability even as stellar lumi-
21 nosity has changed significantly [2, 3]. It also justifies the useful “steady-state” assumption in the study
22 of past carbon-cycle change [4], and is an important foundation for the “habitable zone” concept used in
23 exoplanet research [5].

24 Understanding such long-term stabilizing feedbacks is also essential for understanding the Earth sys-
25 tem’s dynamical response to perturbation. A salient example is the case of anthropogenic global climate
26 change [6]. Modeling indicates that the weathering feedback damps perturbations with a characteristic
27 (i.e., e-folding) timescale of about 200–400 kyrs [7, 8]. On timescales of ~10 kyrs, the dynamics of the
28 marine calcium carbonate cycle also play an important role [9, 10]. Because burial rates increase with the
29 deep ocean carbonate ion concentration ($[\text{CO}_3^{2-}]$), a feedback emerges which indirectly and partially sta-
30 bilizes atmospheric CO₂: it has had a relatively fast response timescale since the development of pelagic
31 biogenic calcification in the mid-Mesozoic (~200 Ma) [11].

32 The current evidence that Earth’s climate is indeed stabilized by long-term carbon-cycle feedbacks
33 is as follows. Paleoclimate data suggest that input and output fluxes of CO₂ into the ocean-atmosphere
34 system have typically been balanced to within a few percent [12, 13]. Together with the actual observation
35 of Earth’s apparent enduring habitability [14], this is cited as evidence for stabilizing mechanisms; nev-
36 ertheless, this line of reasoning can be challenged [15, 16]. Plausible parametrizations of the underlying
37 processes lead to these stabilizing feedbacks emerging in models [7, 8], but this cannot alone confirm the
38 importance of the feedbacks within the real Earth system. Finally, model predictions can be compared
39 with the observed response from individual large climate-carbon cycle perturbations in the geologic past:
40 a recent study focusing on the Paleocene-Eocene Thermal Maximum (~56 Ma) found an overshoot of the
41 calcium carbonate compensation depth in the aftermath of the event consistent with the weathering feed-
42 back [17], although organic matter burial may also have played an important role [18, 19]. Nevertheless,
43 the insight from this approach is limited to those specific intervals of Earth history with large disruption
44 events.

45 To convincingly assess the role of long-term stabilizing feedbacks in the Earth system, we need evi-

46 dence that is direct (i.e. rooted in observations of past climate changes), general (i.e. applies continuously
47 throughout geologic time), and that provides good constraints on their dynamics. Here we provide such
48 evidence directly from data of past global temperature fluctuations. We first show how the typical am-
49 plitude of these fluctuations provides information about the relative dominance — or lack of dominance
50 — of stabilizing feedbacks on different timescales. We quantify these amplitudes across a vast range of
51 timescales, expanding on previous work by Lovejoy [20], and go beyond this to explain observed scaling
52 regimes in terms of physical and biogeochemical processes. Specifically, the data exhibit a regime be-
53 tween about 4-400 kyrs in which fluctuations fail to grow with timescale, and a longer-timescale regime
54 in which they do. We interpret the former as novel observational confirmation of long-term stabilizing
55 Earth system feedbacks, and link the latter to longer-term tectonic or biological evolution, as well as the
56 potential role of chance in maintaining Earth’s observed billion-year habitability.

57 **2 Results**

58 **2.1 Simple models of long-term climate variability**

59 Stabilizing feedbacks, in principle, should affect how the typical amplitude of fluctuations within a system
60 changes with timescale [21]. To show how this would work, we take a purposely simplified perspective of
61 the Earth system in which the only variable of interest is globally averaged surface temperature, T . Such
62 simplification is appropriate for a first attempt at extracting information about long-term Earth system
63 feedbacks directly from data of past fluctuations; furthermore, as we will show, it is already sufficient for
64 obtaining useful insight.

65 Two simple “end-member” scenarios for this simplified view are displayed in Figure 1. Scenario A
66 is the classic established model of climate variability in the absence of stabilizing feedbacks: a random
67 walk [22–24]. This assumes that slowly-evolving components of the Earth system retain an aggregate
68 “memory” of the fast-evolving components that accumulates approximately randomly [22]. In that case,
69 temperature evolution would be described by the following stochastic differential equation (SDE):

$$\frac{dT}{dt} = a\eta(t), \quad (1)$$

70 where $\eta(t)$ is a Gaussian white noise forcing and a is a constant. In this model, the root-mean-square
71 temperature fluctuation ΔT_{rms} occurring on a timescale Δt is proportional to $\Delta t^{1/2}$ (equivalent to red
72 noise, see Materials and Methods). Many climate time series exhibit such scaling behavior [22–26], and
73 the ability to reproduce it is part of the model’s appeal. Throughout this paper we will often refer to the
74 scaling exponent (1/2 in this case) as H .

75 Scenario B is the same as Scenario A, but also includes a stabilizing feedback with characteristic (i.e.
76 e-folding) timescale τ (also known as an Ornstein-Uhlenbeck process [21]):

$$\frac{dT}{dt} = -\frac{T}{\tau} + a\eta(t), \quad (2)$$

77 On timescales $\Delta t \ll \tau$, the feedback term is negligible and the root-mean-square fluctuation still scales as
78 $\Delta t^{1/2}$. However, the feedback damps correlations for timescales $\Delta t \gg \tau$, and the root-mean-square fluc-
79 tuation then scales as $\Delta t^{-1/2}$ (Materials and Methods). Further, aggregating multiple stabilizing feedback
80 processes on different time scales can yield apparent power laws $\Delta T_{\text{rms}} \propto \Delta t^H$ for any $-1/2 < H < 1/2$
81 ([27–29], see also Materials and Methods).

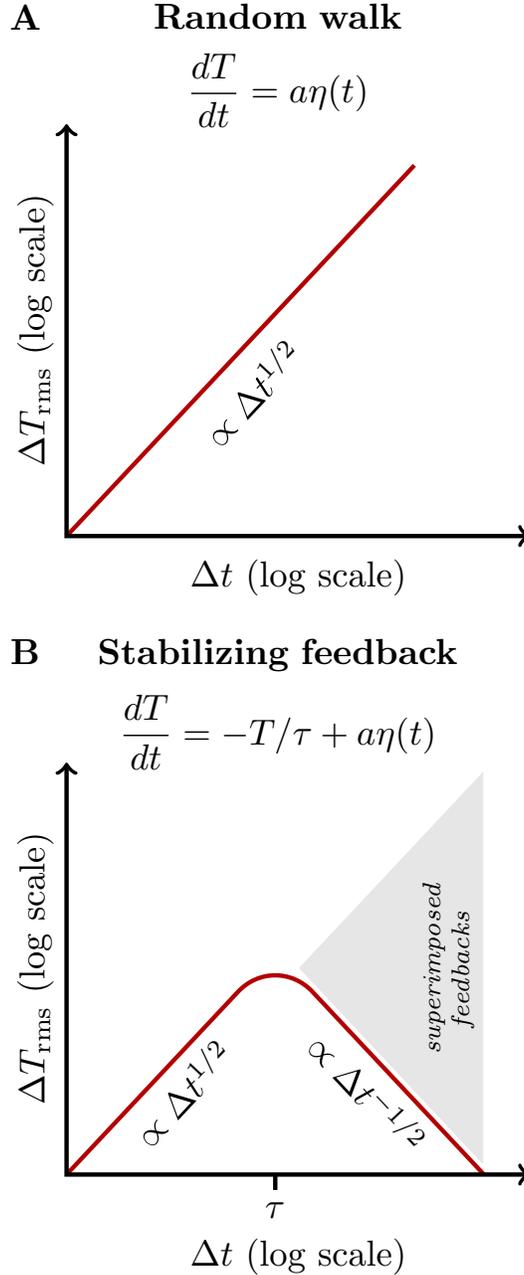


Figure 1: Two “end-member” possibilities for the simplified picture of long-term climate variability discussed in the text. **(A)** A random walk, with no stabilizing feedbacks: here, the root-mean-square temperature variation ΔT_{rms} is proportional to $\Delta t^{1/2}$. **(B)** Incorporating a stabilizing feedback on a timescale τ . Correlations on timescales larger than τ are damped, making the root-mean-square fluctuation scale as $\Delta t^{-1/2}$; i.e. shrink with timescale. Superpositions of multiple such linear feedback processes can yield $\Delta T_{\text{rms}} \propto \Delta t^H$ with $-1/2 < H < 1/2$ (Materials and Methods).

83 cesses on a vast range of timescales that are not explicitly accounted for. Nevertheless, as the pioneering
84 work by Hasselmann [22] showed, in complex systems such as Earth’s climate, the combined effects of
85 many deterministic processes can be aggregated by the slower components of the system to yield statistics
86 essentially like a random walk (Scenario A above). Thus the $\eta(t)$ in Eqs. (1) and (2) can be considered to
87 already account for many of these processes; the explicit feedback term in Eq. (2) just means that there is
88 a dominant stabilizing feedback on a timescale τ .

89 Long-term feedbacks in the real Earth system do not necessarily act directly on temperature. For
90 example, of the two mentioned in the Introduction, the silicate weathering feedback responds directly to
91 temperature and the carbonate compensation feedback does not. Nevertheless, if long-term temperature
92 variability is driven at least in part by variability in atmospheric CO₂, any feedback that helps stabilize
93 CO₂ is indirectly helping to stabilize temperature.

94 A final point needs to be made regarding the possibility of periodic forcings and resonances. On
95 geologic timescales climate is forced by periodic oscillations in Earth’s orbital parameters [30, 31]; such
96 forcings, if powerful enough, could be expected to create a peak in fluctuation amplitudes similar to that
97 in Scenario B (Figure 1). The same would be true if the Earth system had an intrinsic tendency to oscillate
98 at a certain timescale. A case study for both would be Plio-Pleistocene glacial variability, and this will be
99 worth addressing once we take a look at the data.

100 **2.2 Observed temperature fluctuations on a range of timescales**

101 We calculate the root-mean-square temperature fluctuation ΔT_{rms} as a function of timescale Δt for five
102 different paleotemperature time series (Materials and Methods). We consider four benthic foraminiferal
103 $\delta^{18}\text{O}$ records [32–36] and one compilation of isotopic temperatures from Antarctic ice cores [37]: between
104 them, they resolve fluctuations on timescales spanning more than five orders of magnitude. Specifically,
105 “fluctuations” are defined using Haar wavelets [20, 38]. Considering a time series of temperature, $T(t)$,
106 the Haar fluctuation ΔT over a time interval Δt is defined as the difference between the average values
107 of the time series over the first and second halves of the interval; this is described schematically in Figure
108 2, and discussed further in the Materials and Methods section. We use it because it is simple, accurately
109 measures scaling behavior [38], and is straightforwardly applied to unevenly sampled paleoclimate time

110 series [20]. It also highlights the physically important difference between fluctuations growing with scale
111 ($H > 0$) or shrinking with scale ($H < 0$).

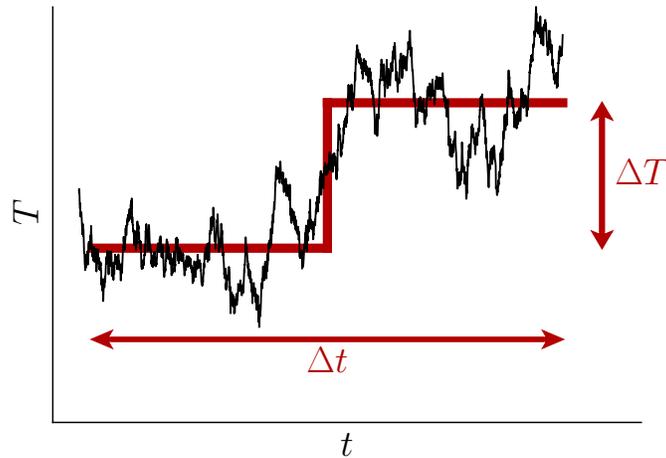


Figure 2: Quantifying the timescale dependence of fluctuation amplitudes using the Haar wavelet. The fluctuation ΔT over an interval Δt is defined as the difference between the average values of the time series over the first and second halves of the interval.

112 The results of our analysis are shown in Figure 3; some power law scalings (with fixed exponents H)
113 are added as guides for interpretation. A previous analysis by Lovejoy [20] suggested the existence of three
114 regimes that are relevant here: a “climate” regime on timescales below about 80 kyrs in which fluctuations
115 increase with timescale, a “macroclimate” regime in which fluctuations decrease with timescale, and a
116 “megaclimate” regime above about 500 kyrs in which fluctuations increase with timescale again. Our
117 analysis paints a similar picture, but with some key differences.

118 On timescales shorter than about 4 kyrs and longer than about 400 kyrs, fluctuations increase with
119 timescale: $H \simeq 0.5$, similar to a random walk and consistent with Scenario A. Between 4-400 kyrs, the
120 behavior depends on what interval the data cover. Datasets that contain exclusively Plio-Pleistocene vari-
121 ability (i.e. the last) show a clear peak at a few tens of kyrs and a strongly decreasing regime beyond this;
122 this forms the basis of the regime classification by Lovejoy [20] noted above. However, our analysis re-
123 veals that throughout the rest of the Cenozoic these fluctuations consistently obeyed $H \simeq 0$ — that is, their
124 amplitude is essentially timescale-independent. The anomalous Plio-Pleistocene peak and the regime with
125 rapidly decreasing fluctuation amplitudes beyond it likely record the rapid periodic transitions between
126 glacial and interglacial states, rather than evidence regarding stabilizing feedbacks (see the Materials and

127 Methods for a further discussion).

128 Following the previous section and Figure 1, the fact that H is much less than 0.5 in this intermediate
129 regime strongly suggests that stabilizing feedbacks have exerted dominant control over Earth's surface
130 temperature on timescales between 4-400 kyrs. We emphasize how remarkable it is that the amplitude of
131 the typical root-mean-square fluctuation in global temperature is essentially constant across two orders of
132 magnitude in timescale! While our analysis cannot conclusively show which feedbacks were responsible,
133 we can make inferences by comparing the timescales to those of various known or hypothesized feedbacks:
134 this is what we will do in the Discussion. To aid this, Figure 3 also shows the approximate timescales of
135 important Earth system feedbacks in this regime, as well as their likely signs (see Materials and Methods
136 for details).

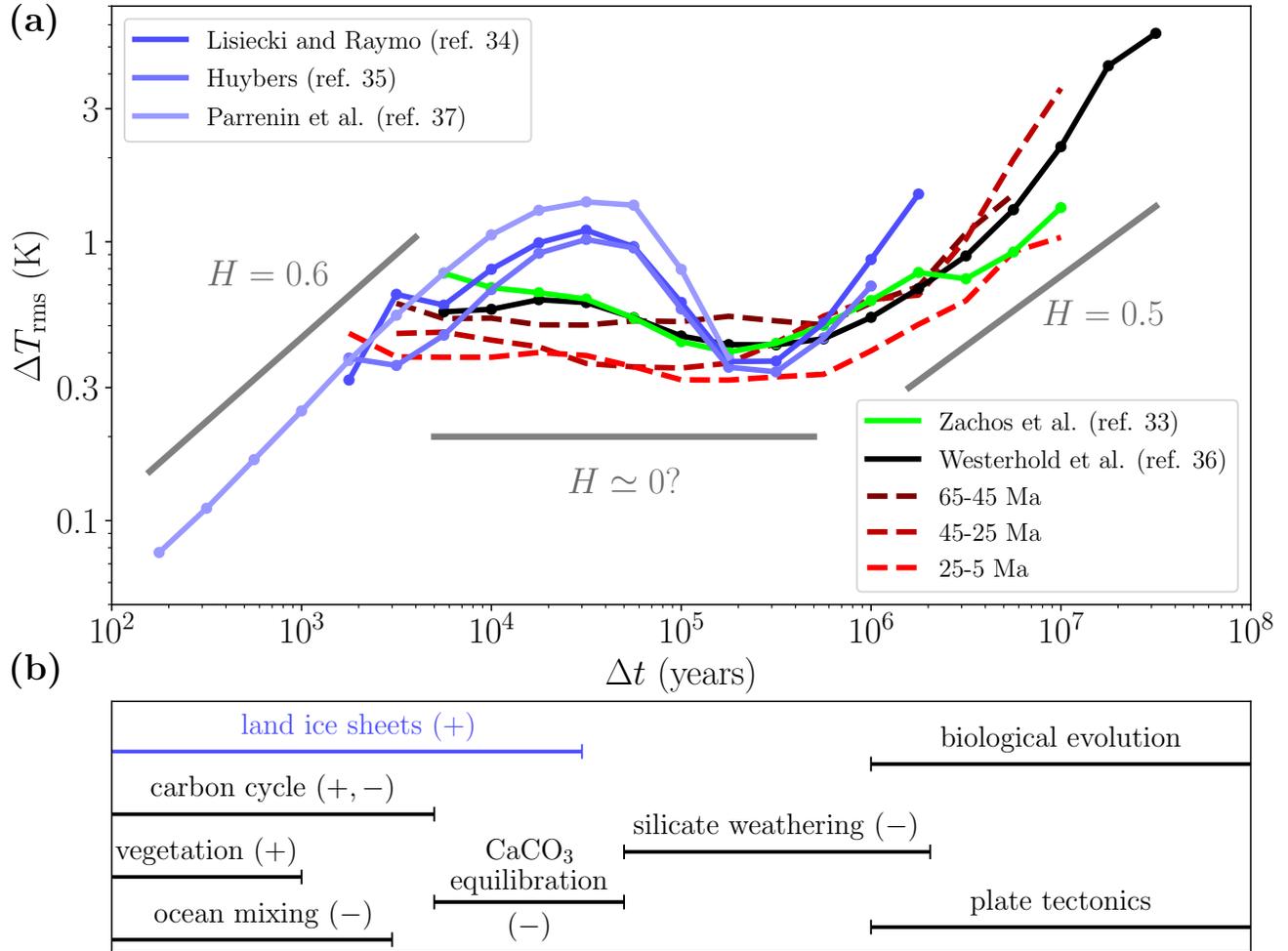


Figure 3: Temperature fluctuations and feedback mechanisms. **(a)** Root-mean-square temperature fluctuations ΔT_{rms} as a function of timescale Δt (Materials and Methods), for five different paleotemperature time series as well as three non-overlapping segments of the data from [36]. Power-law scalings with fixed exponents H are shown as guides for interpretation. On timescales below about 4 kyrs and above about 400 kyrs, fluctuations behave similarly to the random walk ($H \simeq 0.5$, Eq. 1). In contrast, fluctuations do not grow with timescale in the intermediate regime, suggesting that stabilizing feedbacks were indeed dominant here. The peak at ~ 30 kyrs in the Plio-Pleistocene data, and the strongly decreasing regime beyond it, are likely signatures of glacial-interglacial variability. **(b)** Approximate timescales of relevant Earth system processes (see Materials and Methods for details). The symbols + and - indicate positive (destabilizing) and negative (stabilizing) feedbacks, respectively. The land ice sheet feedback is colored blue to emphasize that it is primarily relevant only after the onset of Northern Hemisphere glaciation ~ 3 Ma ago.

137 **2.3 Variability in a system with multiple partial feedbacks**

138 To make clear how multiple feedbacks in a complex system can create a regime with timescale-independent
139 ΔT_{rms} as in Figure 3, and to help develop a more specific interpretation of the three regimes shown in the
140 data, we expand on the stochastic models discussed earlier. Specifically, we consider Earth’s surface tem-
141 perature T to be the sum of multiple stochastic processes, some with stabilizing feedbacks (e.g. Scenario
142 B) and some without (Scenario A). Mathematically, we let

$$\Delta T(t) = \left(\sum_i^{n-1} f_i(t) \right) + r(t), \quad (3)$$

143 where $\dot{f}_i = -f_i/\tau_i + a_i\eta_i(t)$ and $\dot{r}(t) = a_n\eta_n$, and the η_i are independent Gaussian white noise forcings
144 (discussed further in the Materials and Methods). Finally, $a_n < a_i$ for all $i < n$, meaning that variability
145 due to the random walk $r(t)$ grows more slowly than that of the other processes. A key property of this
146 model is that the stabilizing feedbacks have only partial control — in other words, they only stabilize part
147 of the system, and there can still be undamped variability at other scales. The real Earth system shares this
148 property: if it did not, paleoclimate records would exhibit no variability at all on long timescales.

149 As an example, we choose partial stabilizing feedbacks on timescales of 1, 10, and 100 kyrs ($\tau_1, \tau_2,$
150 and τ_3 , respectively), numerically simulate Eq. (3) for 200 Myrs, and analyze fluctuations using the same
151 algorithm that we applied to the real data. Results are shown in Figure 4; the general behavior of the
152 observations is well-reproduced. On short timescales ($< \tau_1$) fluctuations grow like a random walk with
153 $H \simeq 0.5$, and then have essentially timescale-independent amplitudes in the regime in which the feedbacks
154 are active. On long timescales ($> \tau_3$), the undamped stochastic variability (reflecting the partial nature of
155 the feedbacks) takes over, and fluctuations again grow like a random walk. Theory predicts that this kind
156 of behavior occurs for a wide range of possible models and parameter values (Materials and Methods):
157 in all cases the position of the intermediate regime is determined by the range of timescales of stabilizing
158 feedbacks.

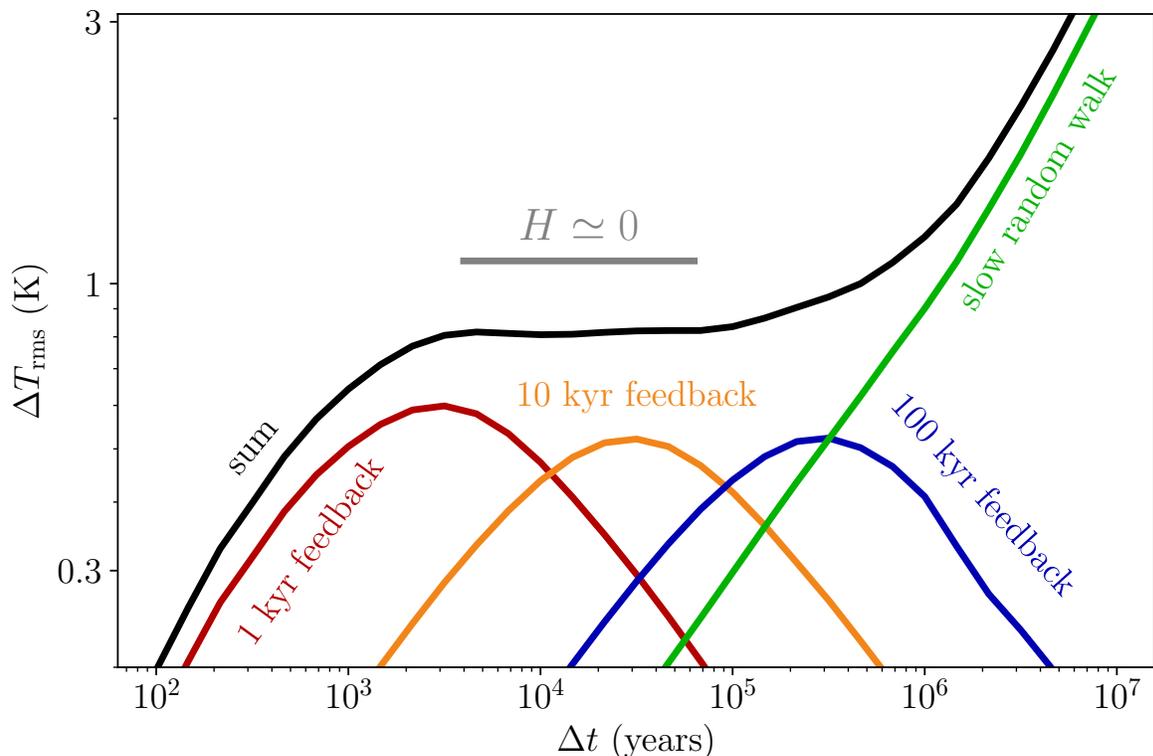


Figure 4: A system with multiple partially stabilizing feedbacks can display the same behavior observed in the data. In our simple conceptual model, Earth’s surface temperature T is given by the sum of some stochastic processes with stabilizing feedbacks and some without. Here, we consider feedbacks on timescales of 1, 10, and 100 kyrs, as well as a slow random walk with no feedbacks: results from numerical simulation give remarkable agreement with the observed scaling behavior (Figure 3). Theory predicts similar behavior for a wide range of possible models and parameter values (Materials and Methods). The ‘sum’ curve is multiplied by a constant for clearer visualization.

159 3 Discussion

160 We have calculated the typical amplitude of past global temperature fluctuations on a range of timescales,
 161 and have shown that its behavior should reflect the relative dominance or lack of dominance of stabilizing
 162 Earth system feedbacks in different timescale regimes. We have identified a regime between about 4-400
 163 kyrs in which fluctuations fail to grow with timescale — consistent with dominant stabilizing feedbacks
 164 — and a regime beyond 400 kyrs in which they do — consistent with no dominant stabilizing feedbacks.
 165 We now proceed to interpret these observations in light of physical and biogeochemical processes.

166 **3.1 Long-term climate stabilization: confirmed**

167 The identification of the anomalous 4-400 kyr regime is a novel confirmation that stabilizing feedbacks
168 with characteristic timescales in this regime have indeed been a dominant control on Earth’s surface tem-
169 perature. To understand which mechanisms were likely responsible, we can compare this timescale range
170 to the previously proposed timescales for different stabilizing feedbacks.

171 Of immediate interest is the consistency of this regime with the ~ 100 -kyr timescale proposed for
172 the silicate weathering feedback [7, 8]. We suggest that this is strong observational evidence for the
173 importance of silicate weathering as a climate stabilizer. Through this, it further supports the widely used
174 steady-state assumption [4], existing models of the long-term effects of anthropogenic CO_2 emissions [6,
175 8], and the idea that the weathering feedback should play a key role in planetary habitability [5].

176 The fact that the non-growing regime seems to start at timescales as small as 4 kyr suggests that other,
177 shorter-timescale stabilizing feedbacks were also important. One obvious candidate is ocean mixing:
178 the ocean can help damp temperature fluctuations due to its large thermal inertia, and full equilibration
179 is achieved on a timescale of a few kyrs [39]. Another possibility on a ~ 10 kyr timescale is CaCO_3
180 equilibration [6, 8, 9], which could indirectly stabilize temperature through its effect on atmospheric CO_2 .
181 Other feedbacks potentially active at this timescale include vegetation and land ice (see Figure 3); however,
182 these are likely both destabilizing (mathematically positive) feedbacks [40], and as such would not have
183 been responsible for stabilization.

184 **3.2 Beyond stabilization: weathering as a climate forcing?**

185 What is the origin of the increasing fluctuation amplitude beyond 400 kyrs? Following the theory explained
186 above, the random-walk-like growth ($H \simeq 0.5$) should mean that there are no dominant stabilizing
187 feedbacks in the system on these timescales. Yet, if current thinking is at all accurate, the silicate weath-
188 ering feedback should still be active on these timescales: it is not inherently timescale-limited. What then
189 is going on?

190 One possible resolution is the following. Consider Earth’s “weathering curve” [41], interpreted here as
191 the dependence of the silicate weathering flux, F_{si} , on Earth’s surface temperature. Neglecting changes in
192 organic carbon oxidation or burial, a steady state is established when F_{si} is equal to the volcanic flux F_{volc}

193 of carbon into the surface environment. Because the weathering curve has a positive slope (weathering
194 increases with temperature), we obtain the familiar stabilizing feedback that tends to drive the system
195 towards a steady state.

196 Nevertheless, the weathering curve itself may change over time [41], either due to changes in the
197 surface carbon cycle's physical attributes (such as the amount and properties of exposed weatherable rock
198 [13, 42–44]) or in the mechanisms constituting the feedback itself (e.g. due to biological evolution in
199 land plants [1]); see also panel (b) of Figure 3. This will lead to slow “quasistatic” changes in the surface
200 temperature [45], even while the carbon cycle remains in steady state with respect to input and output
201 fluxes. We suggest that it is precisely this class of changes that lead to fluctuations increasing again at the
202 longest timescales.

203 Figure 5 summarizes this schematically. Imagine that the weathering curve moves upwards, for ex-
204 ample due to an increase in weatherability; then, the new steady state will move to a lower surface tem-
205 perature. On timescales of hundreds of kyrs, the weathering feedback will damp fluctuations towards the
206 steady state. Yet, on longer timescales, weathering will act as a forcing, and the steady state itself will
207 move. The $H \simeq 0.5$ scaling beyond 400 kyrs then suggests that the steady state moves in an undamped
208 way. In other words, while silicate weathering is a stabilizing feedback bringing the system to a steady
209 state, there are no stabilizing feedbacks on the Myr-timescale motion of that steady state itself.

210 This is of course a highly simplified picture of weathering. We have ignored the effects of changes
211 in organic carbon oxidation and burial, and are considering factors such as CO_2 , topography, vegetation
212 types, precipitation and rock types only implicitly (by arguing that they change the weathering curve).
213 Nevertheless, we suggest that the basic reasoning regarding a weathering-established-steady state that
214 moves in an undamped way is likely independent of these details. This could and should be tested using a
215 more detailed carbon-cycle model.

216 Finally, there is one other possibility that deserves mention: that the increasing fluctuation amplitudes
217 at the longest timescales are due to other destabilizing feedbacks. While there are no obvious candidate
218 mechanisms for such feedbacks on multi-Myr timescales, the data at present cannot rule this out. This
219 would also be very interesting to pursue further.

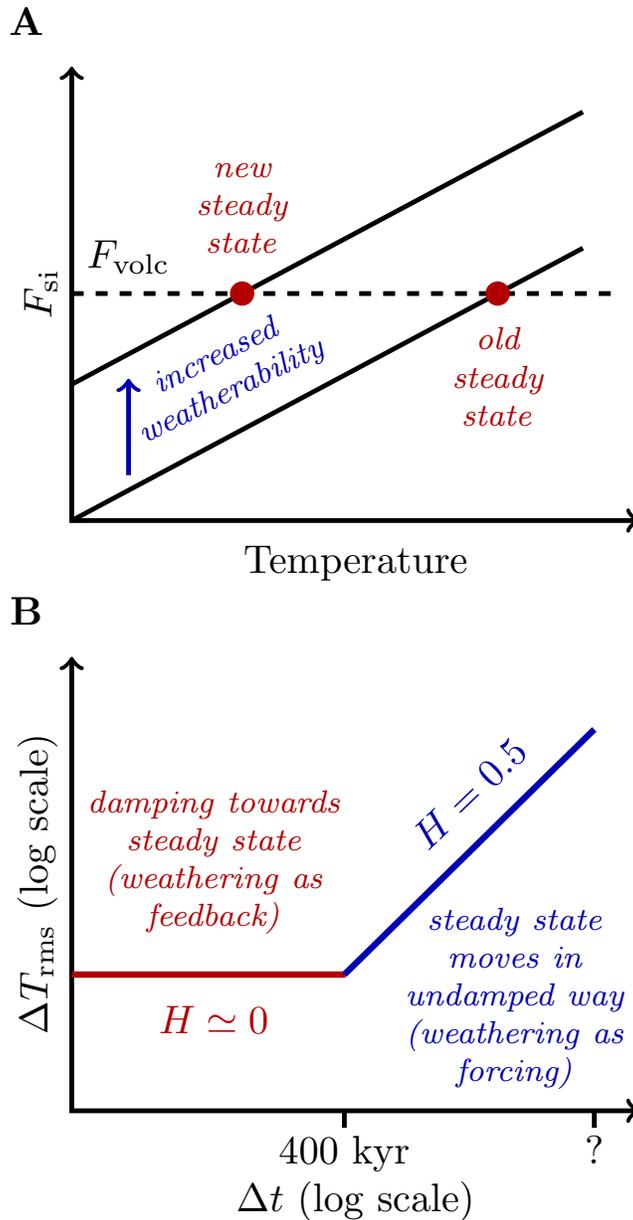


Figure 5: The observation that fluctuation amplitudes increase like a random walk again beyond 400 kyrs, even though the silicate weathering feedback remains active, could potentially be understood as follows. **(A)** Considering Earth's "weathering curve", it is clear how changes such as an increase in weatherability can move the steady state that silicate weathering establishes. **(B)** On timescales below about 400 kyrs, silicate weathering acts as a feedback, driving the system towards a steady state. On longer timescales, the steady state itself moves, and weathering acts as a forcing. There is still damping towards the steady state; the key point is that there is no damping on the motion of the steady state itself.

220 **3.3 Earth’s long-term habitability, and the role of chance**

221 The fact that global temperature fluctuations continue to grow like a random walk at the longest timescales
222 has major implications for understanding the long-term habitability of Earth and other Earth-like planets.
223 There is a long-standing debate [14–16] over the extent to which Earth’s observed billion-year habitability
224 is a product of stabilization (for example due to the weathering feedback), or a product of chance. The
225 predominant view has been that the weathering feedback is responsible for this long-term habitability, and
226 indeed such stabilization is a key part of the “habitable zone” concept used to search for life on other
227 planets [5, 46].

228 We have shown that the observations are inconsistent with a dominant stabilizing feedback on the
229 longest timescales, and suggested that those fluctuations arise due to weathering acting as a climate forc-
230 ing (for example when tectonic processes change the availability of weatherable rocks). Another option
231 is that fluctuations grow on long timescales because of unknown destabilizing feedbacks. In either case,
232 the key question is: Are there any mechanisms in the Earth system that prevent these kinds of fluctuations
233 from eventually driving surface temperature into an uninhabitable regime? If there are none, it would
234 follow that chance may have played a non-negligible role in Earth’s continued habitability, and that other
235 Earth-like planets with an active carbonate-silicate cycle and in the conventional “habitable zone” may not
236 necessarily be as accommodating to life over long periods of time as has previously been expected. Obtain-
237 ing and analyzing well-calibrated, higher-resolution paleotemperature records spanning longer stretches of
238 geologic time, as well as improving our understanding of tectonic evolution and its climatic consequences
239 on timescales of many millions of years [47], should provide further insights.

240 **Materials and Methods**

241 **Scaling in time series**

242 It has long been recognized that climate time series on various timescales exhibit self-similar “scaling”
243 behavior [20, 22, 24, 25, 48, 49]. A process $x(t)$ is considered to exhibit self-similarity if

$$x(t) \stackrel{d}{=} a^{-H} x(at), \quad (4)$$

244 where H is the self-similarity exponent and $\stackrel{d}{=}$ denotes equality in terms of probability distribution. For
245 such processes, the power spectrum $S(\omega) \propto \omega^{-\beta}$, where $\beta \simeq 2H + 1$ [50]. When $\beta \simeq 1$ (i.e. $H \simeq 0$), this
246 is the widely-studied “ $1/f$ noise” [51]. Observed climate time series often exhibit well-defined timescale
247 regimes in which β and H take on different values [20, 49].

248 To begin to understand the physical origin of such scaling, a simple null model without feedbacks
249 considers climate fluctuations as a random walk [22]. In the limit of infinitesimal step sizes, this is the
250 Wiener process [21], which has probability distribution

$$p(x, t) = \frac{1}{\sqrt{2\pi(t-t_0)}} \exp\left(-\frac{(x-x_0)^2}{2(t-t_0)}\right). \quad (5)$$

251 Relating this to Eq. 4, one can show that this process is self-similar with $H = 1/2$ (i.e. $\beta = 2$). In contrast,
252 white noise, which is the long-time limit of Eq. 2, has $\beta = 0$ [21] (i.e. $H = -1/2$).

253 Superposing multiple processes with stabilizing feedbacks at different timescales can create apparent
254 scaling exponents in the range $-1/2 < H < 1/2$ [27]. For the benefit of the reader the Supplementary
255 Text demonstrates this explicitly. In the literature on “ $1/f$ noise”, $H = 0$ has also been associated with a
256 continuous log-uniform distribution of feedback timescales [28, 29].

257 Self-similarity in real data can be measured either in real space or in frequency space. In real space,
258 this can be done through a fluctuation function $\Delta x(\Delta t)$ (“structure function” in the field of turbulence
259 [52]). Ideally, this function would obey

$$\langle [\Delta x(\Delta t)]^q \rangle \propto \Delta t^{qH}. \quad (6)$$

260 One possible choice of fluctuation function is the simple difference

$$\Delta x(t, \Delta t) = x(t + \Delta t) - x(t), \quad (7)$$

261 but this only accurately reflects scaling behavior (i.e. behaves according to Eq. 7) in the regime $0 < H < 1$
262 [38]. In this work, we define $\Delta x(\Delta t)$ as the Haar fluctuation: the difference between the time series
263 averaged over the first and second halves of the interval Δt [38, 53]. This accurately reflects scaling
264 behavior in the range $-1 < H < 1$ [38], and is additionally desirable because of its conceptual and
265 computational simplicity. In particular, it is straightforward to measure the scaling behavior for unevenly
266 sampled time series without interpolation. The details of the algorithm we use are described below in
267 "Algorithm for calculating fluctuation timescale dependence".

268 **Paleoclimate temperature datasets**

269 We analyze four benthic $\delta^{18}\text{O}$ datasets: the Cenozoic compilations first introduced by Zachos et al. [32]
270 and updated in ref. [33], the Cenozoic composite record of Westerhold et al. [36], the orbitally-tuned
271 Plio-Pleistocene compilation of Lisiecki and Raymo [34], and the non-orbitally tuned Pleistocene com-
272 pilation of Huybers [35]. Temperature values are inferred from $\delta^{18}\text{O}$ following the calibrations proposed
273 by Hansen et al. [54] and slightly redefined by Westerhold et al. [36], which take into account changes
274 in the ice volume contribution to $\delta^{18}\text{O}$, and the relationship between deep-ocean and surface tempera-
275 tures throughout the Cenozoic. This conversion is based on absolute $\delta^{18}\text{O}$ data and thus the Huybers [35]
276 time series, which has long-term averages removed, has to have a constant offset added to match the oth-
277 ers (although the specific value does not affect our results). Deep-ocean temperature T_{do} , following the
278 calibrations discussed above, is given by

$$T_{\text{do}} = \begin{cases} -4\delta^{18}\text{O} + 12, & 67\text{-}34 \text{ Ma} \\ 5 - 8(\delta^{18}\text{O} - 1.75)/3, & 34\text{-}3.6 \text{ Ma} \\ 1 - 4.4(\delta^{18}\text{O} - 3.25)/3, & 3.6 \text{ Ma-present.} \end{cases} \quad (8)$$

279 Surface temperature T is then calculated from the deep-ocean temperature according to

$$T = \begin{cases} T_{\text{do}} + 14.15, & 67\text{-}5.33 \text{ Ma} \\ 2.5T_{\text{do}} + 12.15, & 5.33\text{-}1.81 \text{ Ma} \\ 2T_{\text{do}} + 12.25, & 1.81 \text{ Ma-present.} \end{cases} \quad (9)$$

280 While the above conversion is used for the sake of accuracy, it is worth noting that the qualitative results
281 remain the same even if a single linear conversion constant relating $\delta^{18}\text{O}$ and T is used for all datasets.

282 Finally, we also include in our analysis the ice core temperature compilation of Parrenin et al. [37].
283 We divide the fluctuations by a factor of 2 to approximately account for high-latitude amplification [20],
284 although again it is important to emphasize that the details of this correction do not affect our conclusions.

285 **Algorithm for calculating fluctuation timescale dependence**

286 We calculate the root-mean-square fluctuation for each paleotemperature time series, ΔT_{rms} , using an
287 interpolation-free algorithm based on that proposed by Lovejoy [20]: all of our code is made freely avail-
288 able at [55] and <https://github.com/arnscheidt/stabilizing-earth-system-feedbacks>. For an unevenly sam-
289 pled time series described by two vectors $\mathbf{t} = [t_0, t_1, t_2 \dots t_n]$ and $\mathbf{T} = [T_0, T_1, T_2 \dots T_n]$, we define the Haar
290 fluctuation at position j of size k :

$$\Delta T(j, k) = \left(\frac{2}{k} \sum_{i=j+k/2}^{j+k-1} T_i \right) - \left(\frac{2}{k} \sum_{i=j}^{j+k/2-1} T_i \right), \quad (10)$$

291 i.e. the difference between the average value of the second $k/2$ and the first $k/2$ data points. This can be
292 implemented efficiently using cumulative sums.

293 We consider all even k ranging from 0 to n . Although we could calculate all possible $\Delta T(j, k)$ for
294 the data, $\Delta T(j_1, k)$ is negligibly different from $\Delta T(j_2, k)$ as long as $k \gg |j_1 - j_2|$. Therefore, for each k
295 we calculate $\Delta T(j, k)$ at intervals of ak , where we choose $a = 0.5$: this gives the algorithm $n \log n$ time
296 complexity instead of n^2 . Because the interval k is divided in two in terms of indices, but not in terms
297 of time elapsed, we discard any $\Delta x(j, k)$ with $\epsilon < \frac{t_{j+k/2} - t_j}{t_{j+k} - t_j} < 1 - \epsilon$ for some ϵ : the choice of ϵ defines
298 a balance between robustly allowing for unevenly spaced data but ensuring that the extracted $\Delta T(\Delta t)$

299 remain meaningful. Following Lovejoy [20], we use $\epsilon = 0.25$.

300 Finally, we calculate $\Delta t = t_{j+k} - t_k$ for each $\Delta T(j, k)$, and average the $\Delta T(\Delta t)^2$ over evenly spaced
301 bins in log-space (4 bins per order of magnitude). The data points in Figure 3 are the bin centers, and the
302 root-mean-square fluctuation ΔT_{rms} is given by taking the square root of the averaged $\Delta T(\Delta t)^2$. At the
303 extremes (very small or large Δt), there begin to be much fewer data points; we therefore truncate the data
304 where the number of data points per bin are a factor b smaller than the maximum (we use $b = 5$).

305 For the purposes of Figure 3, we have additionally truncated some of the shortest-timescale fluctuations
306 ($\Delta t < 4$ kyr) from the data of Zachos et al. [33] and Westerhold et al. [36]. They are anomalously large
307 compared to those in the more recent higher-resolution datasets, as well as the results when the 20-Myr
308 segments of the Westerhold et al. [36] data are studied individually. The latter do not consider the time
309 interval from 5 Ma-present, suggesting that this effect arises only due to the data in that interval. Mean-
310 while, the higher-resolution datasets from this same period (Lisiecki and Raymo [34], Huybers [35], and
311 Parrenin et al. [37]) represent averages over multiple records, while the Zachos et al. [33] and Westerhold
312 et al. [36] data do not. Therefore, we suggest that the anomaly probably reflects contributions to the $\delta^{18}\text{O}$
313 signal from sources other than global temperature (regional-scale variability, diagenesis, etc.), which are
314 not of interest here. The 20-Myr segments shown in Figure 3 have not been additionally truncated in this
315 manner, and so none of this affects our conclusions.

316 **Anomalous peak in Plio-Pleistocene data**

317 Figure 3 shows that the datasets spanning only the Plio-Pleistocene (~ 5 Ma - present) [34, 35, 37] behave
318 somewhat differently in the intermediate regime than the datasets spanning the entire Cenozoic [32, 36]:
319 there is a more pronounced peak at timescales of a few tens of kyrs, and a regime in which fluctuations
320 decrease very rapidly. What is the origin of this difference? A likely solution is that it simply reflects the
321 onset of the Plio-Pleistocene glacial cycles, which feature dramatic transitions between different climate
322 states on timescales of tens of kyrs. This variability would produce an anomalous peak in the averaged
323 fluctuation amplitudes near this timescale, and thus correspondingly steeper slopes on either sides of the
324 peak.

325 Repeated periodic transitions such as the glacial cycles are a confounding effect when attempting to
326 observe signatures of stabilizing feedbacks in the data. Nevertheless, we know that this kind of behavior

327 is limited to the Plio-Pleistocene: there should be no such confounding effect in other time periods. As
328 shown in Figure 3, the data from the rest of the Cenozoic show the same consistent pattern of fluctuations
329 not growing between timescales of about 4-400 kyr, providing strong evidence of dominant control by
330 stabilizing feedbacks.

331 **Timescales of long-term Earth system feedbacks**

332 The long-term Earth system feedbacks and their timescales shown in Figure 3 are loosely taken after
333 Rohling et al. [56], who made distinctions between annual, decadal, century, millennial, multimillennial,
334 and Myr timescales. We have also included the signs of the feedbacks (i.e. positive/destabilizing or
335 negative/stabilizing) where this is clear (following, e.g. [4, 6, 7, 40, 56]). The timescales are still only
336 intended as approximate; here we offer some additional justification for the more specific values shown.
337 We emphasize that the upper timescale limit for a given feedback does not mean the underlying process is
338 not operating on longer timescales: it simply means that the feedback has reached steady state.

339 The upper limit of the land ice feedback can be taken approximately as the timescale on which Plio-
340 Pleistocene deglaciations occur (10^4 years). More specifically, we can take it as the timescale at which
341 we see the peak in the Plio-Pleistocene temperature fluctuations (i.e. 3×10^4 years.) The upper limit of
342 the vegetation feedback is taken approximately as 10^3 years, based on the observation of strong climate-
343 vegetation correlations on millennial timescales [57]. The upper limit of the stabilizing feedback due to
344 ocean mixing is taken as a few kyr, based on simulations showing that substantial tracer disequilibrium
345 can persist for at least 2000 years [39]. Finally, we split carbon cycle feedbacks into three categories:
346 those on timescales shorter than 5kyr (which may be stabilizing or destabilizing), CaCO_3 equilibration
347 from 5-50kyr [6, 8], and silicate weathering operating between 50 ky and a few million years [4, 7, 8].

348 **Stochastic models of temperature variability**

349 To make concrete the relationship between stabilizing feedbacks and the timescale dependence of fluctua-
350 tions as shown in Figure 3, we consider stochastic models of long-term temperature variability. Stochastic
351 models have long been employed in the study of glacial cycles [24], but have only recently begun to be
352 applied to deep time climate problems [58–60].

353 Considering Eq. (3), for $n = 2$ (i.e. one stabilizing feedback), one can show that (Supplementary Text)

$$\Delta T_{\text{rms}} \propto \begin{cases} \Delta t^{1/2}, & \text{if } \Delta t \ll \tau_1 \\ \Delta t^{-1/2}, & \text{if } \tau_1 \ll \Delta t \ll a_1 \tau / a_2 \\ \Delta t^{1/2}, & \text{if } \Delta t \gg \tau_s. \end{cases} \quad (11)$$

354 This already begins to qualitatively reproduce the three regimes seen in the data. For $n > 2$ (i.e. with more
355 stabilizing feedback processes), things become more complicated; yet, it is not hard to obtain behavior like

$$\Delta T_{\text{rms}} \propto \begin{cases} \Delta t^{1/2}, & \text{if } \Delta t \ll \tau_1 \\ \Delta t^H \text{ with } -1/2 < H < 1/2, & \text{if } \tau_1 \ll \Delta t \ll \tau_s \\ \Delta t^{1/2}, & \text{if } \Delta t \gg \tau_s. \end{cases} \quad (12)$$

356 The first crossover timescale τ_1 is that of the fastest feedback, and the slow crossover timescale τ_s is
357 typically determined by the feedback with the slowest timescale together with the amplitude of the slow
358 random walk $r(t)$. Depending on the choice of parameters, it is now possible to reproduce any behavior
359 of the kind seen in Figure 3.

360 For the example in Fig. 4, $n = 4$, $\tau_1=1$ kyr, $\tau_2=10$ kyr, $\tau_3=100$ kyr, $a_1 = 0.03$ K yr $^{-1/2}$, $a_2 = 0.0085$ K
361 yr $^{-1/2}$, $a_3 = 0.0027$ K yr $^{-1/2}$, $a_4 = 0.0015$ K yr $^{-1/2}$. As can be seen in the figure, the intermediate regime
362 has $H \simeq 0$. The 200-Myr numerical simulation was carried out using an Euler-Maruyama algorithm and
363 the Julia package DifferentialEquations.jl [61].

364 We emphasize that while we have chosen the noise sources η_i to be uncorrelated for simplicity, our
365 results should in principle be independent of this. For example, the result that multiple stochastic feed-
366 back processes can be superimposed to create scaling regimes with $-1/2 < H < 1/2$ holds both for
367 uncorrelated noise sources (Supplementary Text) and for correlated ones [27].

368 Acknowledgments

369 We thank E. Stansifer, S. Benavides, R. Ferrari, and D. McGee for helpful discussions throughout vari-
370 ous stages of this work, and four anonymous reviewers for comments on earlier drafts. This work was

371 supported by a MathWorks fellowship to C.W.A. and NSF grant OCE-2140206.

372 **Author contributions**

373 C.W.A. developed theory, implemented numerical models, and analyzed data all with input from D.H.R.;
374 and C.W.A. and D.H.R. wrote the paper.

375 **Data and code availability**

376 This work generated no new data. Code to replicate the results in this paper is freely available
377 on Zenodo [55] or at <https://github.com/arnscheidt/stabilizing-earth-system-feedbacks>.

378 **Competing interests**

379 The authors declare no competing interests.

380 **Supplementary information**

381 Materials and Methods

382 Supplementary Text

383 References [62].

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